

→ Answers to questions on HIV/Aids

- Living a healthy life with HIV – is that possible?
- Will it be obvious that I am HIV-positive?
- Can I continue to work?
- Can I enjoy a normal sex life with HIV?
- How to solve problems regarding unemployment benefits?
- Do I have to start therapy now?
- Are disability benefits an option for me?
- Does HIV affect my relationship with my partner?
- Do I have to inform my employer that I am HIV-positive?
- Can I grow old with HIV?

→ What we offer

Counselling and information

We offer counselling and information on all questions relating to the challenges people infected with HIV and/or hepatitis face in their lives. In so doing, it is our goal to provide support and find solutions that meet the particular needs of each individual.

During the first meeting, we make an inventory of the questions you have and problems you face. One session is usually sufficient to both define and answer your questions, and additional sessions can be arranged if required. If you wish, we include your partner or relatives. Depending on your wishes, other support services can also be involved when necessary.

For specific medical questions we offer **Therapy-Info HIV.Aids.Hepatitis**. This service offers individualised information about medical aspects like the therapy options in the case of HIV/Aids and hepatitis.

Communication and sharing of experiences

If you wish to discuss your situation with other HIV-infected people, share your experiences or learn from other people's experiences, one of our groups might be appropriate for you.

For intensive discussions of individual topics of interest we offer one-day workshops.

Ongoing support

Do you have difficulties in everyday life, or do you just need somebody who listens and spends time with you? We can connect you with volunteers who can help.

→ Our topics of counselling

- HIV/Aids, hepatitis, sexually transmitted infections, anti-retroviral therapy
- HIV antibody test
- Lust, desire, sex
- Coming out as a person with HIV, partnership, family
- Mental health, psychotherapeutics
- Drugs, addiction and institutions that offer help
- Health, disease, disability
- Work, profession, perspectives



- Unemployment
- Pension, social security, basic financial security, rental subsidy
- Medical insurance, rehabilitation, nursing

→ Our services

- Individual counselling
- Ongoing counselling
- Relationship counselling
- Crisis management
- Counselling via telephone, e-mail or regular mail
- Workshops
- Focus groups
- Volunteer buddies to support you
- Help meeting new people

→ Therapy-Info HIV.Aids.Hepatitis

Information about HIV/Aids and hepatitis therapies.
Every Monday (16:00 – 19:00), in person or by telephone

→ Contact Information

Adress

Pluspunkt, Greifenhagener Str. 53, 10437 Berlin (Prenzlauer Berg)
Telephone 0049 – 30 - 4466880, Fax 0049 – 30 - 44668822

Opening hours

Monday 12:00 – 19:00
Tuesday, Wednesday and Thursday 12:00 – 18:00
Friday by appointment

For people who work during the day, we offer appointments outside these office hours

Public Transport

S/U Schönhauser Allee

→ Our supporting organisation

Schwulenberatung Berlin, support services for gay and bisexual men in Berlin. Additional information www.schwulenberatungberlin.de or telephone 0049 – 30 – 23 36 90 70.

→ Donations

Accountholder: kursiv e.V.
Bank Identification Code (BIC): BFSWDE33BER
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